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MUD, SWEAT AND TEARS JUNIOR EDITION



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RANDOM HOUSE UK, 2012. Paperback. Condition: New. 1. What would it be like to jump from an aeroplane or to climb the highest mountain in the world, to survive in extreme conditions or train for the SAS? Bear Grylls knows the answers. Read the amazing true life story of Bear, the world's most intrepid young explorer. From his childhood on the Isle of Wight, learning to sail and climb with his father, to teenage mountaineering and martial arts training, he has always sought the ultimate in adventure. After surviving the gruelling selection course for the SAS Reserves as a young man, he suffered a horrific parachuting accident and broke his back in three places. Would he ever walk again? Only eighteen months later, defying doctors' expectations, Bear became one of the youngest ever climbs to scale Everest, aged only twenty-three. And this was just the beginning of his many adventures. 'Men don't come much tougher than daredevil climber and adventurer, Bear Grylls' The Sun. Paperback.

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