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A Date to Die: And an Unexpected Choice to Live (Paperback)

By Rion Mary Gabriel

Liferich, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The news of my brother s suicide rubbed me raw like sandpaper. Joey and I were born on the same day, eleven years apart, and for me, we would die on the same day eleven years apart-destiny and my promise. I waited nine years to grieve. I kept my promise to myself for ten long years. The grief from suicide is more traumatic than a normal grief. My other promise was to stay sober in Joey s honor. I failed sobriety quickly, drinking to numb my life and no longer for fun and relaxation. I wish I could say my brother s suicide and our alcoholism are the end of this memoir, but my sobriety revealed I had mental health problems. Unfortunately, a correct diagnosis took years. After sobriety, I tried multiple self-harm behaviors to bring about a sudden rush of adrenaline. This contributed to my 9 year career of at least 30 trips to mental health hospitals. Thank God I stumbled upon something to bring the miracle of life to me. With suicide being more than double that of homicide in the...



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I just started off reading this article ebook. It is actually writter in basic words and not confusing. I am just very happy to let you know that this is the best ebook i actually have read through inside my individual daily life and can be he finest ebook for possibly.

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