



The Secret Pulse of Time: Making Sense of Life's Scarcest Commodity (Paperback)

By Stefan Klein

INGRAM PUBLISHER SERVICES US, United States, 2009. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Popular science at its very best, The Secret Pulse of Time awakens us to and empowers us with the idea that time is far more at our disposal than we have previously realized. award-winning journalist Stefan Klein, whose previous book, The Science of Happiness , is a longtime international bestseller, here provides what are essentially operating instructions for time. Through a combination of original investigation and reportage, personal revelation, and a commanding presentation of scientific research (among disciplines including brain physiology, social psychology, philosophy, and Einsteinian physics), The Secret Pulse of Time teaches readers not only to better master time but also to understand why they so often fail to do so.

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