

## Good Nights Now (Paperback)

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### Reviews

This type of ebook is everything and helped me looking forward and a lot more. It is actually full of wisdom and knowledge I realized this book from my dad and i suggested this book to discover. (Estelle Grady Sr.)

#### **GOOD NIGHTS NOW (PAPERBACK)**



Good Parent Inc., United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.GoodParentGoodChild books, give parents successful techniques to solve specific parenting challenges. They are written from the perspectives of a pediatric psychologist, a clinical social worker, and the mother of both a toddler and a tween. The GoodParentGoodChild series presents actual case stories, making the books more interesting and real. The series also features companion story books for your children, Matilda and Maxwell. These beautiful and very funny books will help and delight your children, and make you laugh. ABOUT GOOD NIGHTS NOW: Good Night introduces you to a simple, thoughtful, and effective technique called What s the Rule. The authors have taught parents this technique for over 35 years, and now present it in a clear and often humorous light in Good Night. Parents can expect great changes in nighttime behavior. What s even more interesting is that with better bedtime behavior, a recent study shows children s overall behavior improves. ABOUT THE AUTHORS: Stephanie Donaldson-Pressman, LICSW is the author of the best selling Narcissistic Family: Diagnosis and Treatment. She has been working with adults, children and families for over 20 years. Dr. Robert Pressman is a pediatric psychologist with over 35 years of experience. He is certified by the American Board of Professional Psychology and is the author of five texts. Rebecca Jackson is the founder and CEO of Good Parent, Inc. She is the working mother of both a toddler and a tween. REVIEWS: Good Nights Now is as helpful as it is entertaining. After decades of treating children and training doctors, I believe that Good Nights Now offers the clearest and most practical system for changing children s behavior I have encountered. I recommend the book highly. -- Joel...

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