



## Dr. Vodder's Manual Lymph Drainage : A Practical Guide

By Hildegard Wittlinger

Thieme Georg Verlag Okt 2010, 2010. Taschenbuch. Condition: Neu. Neuware - Written by the world s leading authorities on Dr. Emil Vodder s techniques for Manual Lymph Drainage (MLD), this lavishly illustrated guide provides step-by-step descriptions of how to massage the lymph vessel to stimulate smooth lymphatic flow.Full-color photographs supplement concise text describing the basic anatomy and physiology of the circulatory and lymphatic systems, treatment techniques, and the various types of swelling caused by lymphedema. The authors discuss indications and contraindications, as well as the ways in which Dr. Vodder s method affects different regions of the body. Features The latest information on complete decongestive therapy (CDT), including coverage of compression therapy, taping, respiratory treatment, and other complementary methods More than 200 color photographs visualize the therapist s grips Each chapter includes numerous tips and plenty of space throughout for personal notes 50 review questions enable self-study An appendix contains an informative history of Dr. Vodder s life and his contributions to the field Dr. Vodder's Manual Lymph Drainage: A Practical Guide is a comprehensive, one-step reference for students, therapists, and practitioners of lymphology, manual medicine, or physical therapy. [This book is] a concise and informative guide to the theory...



## Reviews

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