



Pathways to Recovery Vol 1 (in Chinese): A Strengths Recovery Self-Help Workbook (Paperback)

By Priscilla Ridgway, Diane McDiarmid, Lori Davidson

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Workbook. Language: English . Brand New Book ***** Print on Demand *****.Before I heard of Pathways, my mental illness defined me. When I started the workbook, I realized my recovery defined me. By the time I finished it, I realized I could define my own life.- This quote by a reader of Pathways to Recovery points to the impact the workbook-and its accompanying group facilitator s guide-continue to have for individuals who experience symptoms associated with mental illnesses. Now in its sixth printing, the workbook has developed a strong and loyal following. In 2003, Pathways was listed as one of the top three national recovery education tools by the Center for Psychiatric Rehabilitation and it received the Lilly Reintegration Award in 2009. It has also been widely used by the U.S. Veteran s Administration, several state Departments of Mental Health and a wide variety of consumer-run organizations. Individual readers, family members, peer support workers and other mental health providers throughout the United States and internationally have used the workbook with great success. Working in partnership with recovery educators, consumer co-authors and an advisory group of Kansas consumers to develop the...



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